



"Samudra means 'ocean' in Indonesian, an apt name for our deluxe spa situated at the ocean's edge.

Designed to ensure both privacy and a connection to the ocean's elements, the soothing lull of the waves serves as the perfect backdrop to your customized massages and treatments."



**All price includes a 21% tax and service charge**

Book now : +62 819-5203-3969 or +62 811-3991-2000

Email : [reservation@kelaparetreat.com](mailto:reservation@kelaparetreat.com)



# BODY WISDOM

Tuning in to one's physical sensations, emotions, and overall state of being to achieve optimal wellness.

## Samudra Signature Massage

Our treatment begins with a small Balinese ritual, using natural salts from West Bali's coast to relax and rejuvenate you. Step into ancient Balinese traditions with our signature massage—a blend of Lomi-Lomi and Swedish techniques. Our skilled therapists ease tired muscles, releasing tension and leaving you deeply relaxed and renewed

|             |               |
|-------------|---------------|
| <b>790K</b> | <b>1.125K</b> |
| 60 minutes  | 90 minutes    |

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## Atma Saira Massage

Atma” means soul, and “Sarira” means body—together, they capture the essence of a traditional Balinese treatment from West Bali. Your journey starts with a Balinese Purification ritual using a green coconut as a symbol of purity. Inspired by Ayurveda, "Atma Sarira" is more than a spa treatment; it brings harmony to body, mind, and soul

|             |               |
|-------------|---------------|
| <b>790K</b> | <b>1.125K</b> |
| 60 minutes  | 90 minutes    |

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## Javanese Aroma Massage

This aromatic massage combines aromatherapy infusions with skillful therapeutic techniques to relieve physical tension and bring deep calmness to your mind. If you need to relax and unwind, this treatment will fulfill your every need.

|             |               |
|-------------|---------------|
| <b>750K</b> | <b>1.100K</b> |
| 60 minutes  | 90 minutes    |

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## Foot Reflexology

This treatment applies acupressure to key reflex points on your feet, releasing tension and providing relief while uplifting your energy levels. Treat your feet to the care they deserve!

|             |
|-------------|
| <b>750K</b> |
| 60 minutes  |



### **Hot Stones Balancing Massage**

This therapeutic treatment uses heated stones and expert massage techniques to melt away tension and restore harmony to your body and mind.

As the stones glide over your skin, they promote relaxation and enhance circulation, leaving you revitalized and centered. Perfect for alleviating stress and enhancing overall well-being. Indulge in this ultimate relaxation experience!

**1.200K**

90 minutes

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### **Bali Taksu Massage**

A four-hand treatment that elevates relaxation to new heights. Two skilled therapists work in perfect harmony, using synchronized movements to melt away tension and stress.

This unique massage promotes deep relaxation, rejuvenates your body, and restores balance to your mind and spirit. Immerse yourself in this exquisite journey and escape to blissful tranquility!

**1.200K**

60 minutes

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### **Shirodhara Abhyanga Massage**

A traditional Ayurvedic therapy where warm herbal oil is gently poured over your forehead, this soothing treatment targets the 'third eye,' promoting deep relaxation and mental clarity. Beginning with an Abhyanga massage, Shirodhara nourishes the scalp, reduces stress, and balances your energy. Indulge in this holistic experience to rejuvenate your mind, body, and spirit!

**1.200K**

90 minutes





# BODY BALANCE

State of Physical, Mental, and Emotional  
Harmony

## **Javanese Lulur**

This traditional Javanese treatment begins with an exfoliation using a blend of active herbs and rice, followed by a gentle massage with pure yogurt. The result soft, bright, and fragrant skin.

**610K**  
60 minutes

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## **Balinese Boreh**

This ancient Balinese remedy starts with a full-body exfoliation using pure sea salt, followed by the application of a spice body mask. Finished by gentle massage with lotion.

**610K**  
60 minutes



# OPTIONAL ADD-ONS AVAILABLE

Boost Your Relaxation

## **Foot Reflexology**

Acupressure on major reflex points of the feet releases tension, provides relief, and uplifts energy levels.

450K

30 minutes

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## **Head, Back & Shoulder Massage**

This therapeutic massage targets stored tension, alleviates headaches, back, and shoulder pain, clears the mind, and promotes balance.

450K

30 minutes

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## **Refresher Facial**

A mini facial that includes cleansing, exfoliation, and a mask, followed by a gentle, relaxing head massage.

450K

30 minutes

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## **Totok Wajah Facial**

This face massage targets facial pressure points to relieve sinus congestion and clear energetic blocks—perfect for post-travel relaxation.

450K

30 minutes

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## **Bathing Ritual**

This therapy promotes holistic balance as you immerse yourself in warm, aromatic water infused with natural oils and flower petals, easing tired muscles and calming the mind.

450K

30 minutes



# BEAUTY THERAPY

Refreshed, revitalized, and more confident in your appearance, while also relaxation and stress relief.

## **Samudra Glow Facial**

A cleansing and hydrating facial combined with a massage and mask, designed to promote beautiful, radiant skin.

**610K**

60 minutes

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## **Manicure**

For beautiful hands - nail filling, cuticle care, hand scrub and massage

**490K**

60 minutes

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## **Pedicure**

For beautiful feet nail filling, cuticle care, leg scrub and massage

**490K**

60 minutes

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## **Nail Polish**

For beautiful feet or hands nail filling, cuticle care and Nail Polish

**395K**

60 minutes

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## **Nail Gel**

For beautiful feet or hands nail filling, cuticle care and gel polish

**495K**

60 minutes



# SAMUDRA (OCEAN) RITUALS

Inspired by Healing Benefits of Ocean Minerals

## **Sea Salt Scrub**

The exfoliating action of this sea salt body scrub, enhanced with virgin coconut oil, removes dead surface cells, revealing brighter, smoother, and healthier-looking skin, Finished by gentle massage with lotion.

525K

50 minutes

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## **Seaweed Wrap**

Rich in minerals, vitamins, and micronutrients, this treatment activates circulation, increases metabolism, and relieves aches and pains, while revitalizing, includes a calming face and scalp massage. Finished by gentle massage with lotion.

610K

60 minutes



# COCONUT RITUALS

Embrace Tropical Bliss with Our Coconut Rituals!

## Coconut Body Scrub

Moisturizes and Softens the Skin

The treatment begins with grated coconut, rice powder, clay, and skim milk mixed with water until it becomes a paste. This mixture is applied to the skin until it is half dry and then gently rubbed in, followed by a soothing massage with aloe vera lotion. This treatment is excellent for dry skin.

610K

60 minutes

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## Natural Sunburn Treatment

Cool and Replenish Your Face and Body

The treatment begins with a pure coconut exfoliation of the whole body, followed by a gentle wrap of skin-quenching aloe vera and cucumber. It soothes sunburn and dehydrated skin. The treatment concludes with a deeply hydrating facial and scalp massage, rejuvenating your skin.

610K

60 minutes



# RITUAL COLLECTION

Holistic and Immersive Wellness Experience.

## Post-Travel Skin Retreat

Rejuvenate and rehydrate tired skin, restoring balanced energy flow while maintaining a long-lasting healthy glow after travel.

\*Balinese Boreh

\*Atma Sarira Massage

1.250K

120 minutes

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## Sweet Indulgence

Experience the ultimate relaxation for your body and mind, leaving you tranquil, with soft, smooth skin and a soothed body

\*Javanese Lulur

\*Javanese Massage

1.250K

120 minutes



# SPECIAL ACUPRESSURE HEALING TREATMENT

One Day in Advance!

We are happy to announce that Heni Healing Hands has joined our spa's massage and therapy team

Heni Healing Hands is owned and operated by Nugraheni Kusuma Sari, originally from East Java, Indonesia. Heni is a gifted healer who first became aware of her healing abilities after recovering from a childhood accident. Over many years, she has honed her skills, utilizing acupressure therapy to enhance and focus her healing power.

She combines her natural healing gift with acupressure techniques developed over 18 years of practical experience. In 2010, she completed a Certified Acupressure course at Sehat Harmoni Indonesia and decided to pursue a full-time career as a therapist and healer in 2018.

If you are suffering from chronic or acute pain, whether recent or long-standing, that hasn't responded to conventional treatment, give her a try, she may be able to help.

1.450K  
60 minutes

1.950K  
90 minutes **(Recommended)**