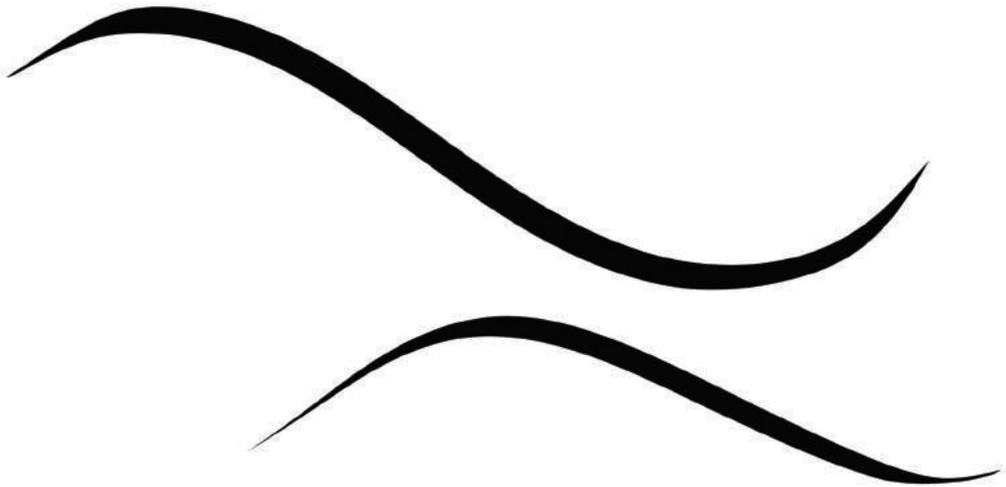


# Tides Restaurant & Bar

## Breakfast Menu



Choose from Continental, American or Indonesian breakfast

Each breakfast includes fresh seasonal fruit,  
freshly squeezed juice, coffee and tea

V: Vegetarian - Without meat or fish  
Ve: Vegan - Without meat, fish, eggs or dairy products



# Set Breakfast

## CONTINENTAL

COFFEE or TEA: Bali Coffee or Nescafe - black, jasmine, green or peppermint tea

FRESH FRUIT JUICE; Orange, pineapple, papaya, watermelon, banana, or a mixture

FRESH TROPICAL SEASONAL FRUIT

CEREAL - Choose from: muesli, cornflakes or chocolate cereal, served with fresh milk (V)

PANCAKE - Choose from: plain, banana or pineapple (V)

*Please choose one of the following dishes:*

\* **HOMEMADE BREAD** - A mixed plate of coconut bread, brown bread, banana cake & a croissant - served with jams & butter (V)

\* **JAFFLE TOASTED SANDWICH** - with peanut butter, coconut & sliced banana (V / Ve)



# Set Breakfast

## AMERICAN

COFFEE or TEA: Bali Coffee or Nescafe - black, jasmine, green or peppermint tea

FRESH FRUIT JUICE; Orange, pineapple, papaya, watermelon, banana, or a mixture

FRESH TROPICAL SEASONAL FRUIT

PANCAKE - Choose from: plain, banana or pineapple (V)

*Please choose one of the following dishes:*

\* EGGS - Fried, scrambled, boiled or poached / omelette - served with tomato, bread and;

*OPTION 1: Bacon, chicken satay & chicken sausage*

*OPTION 2: Tempe, onions & mushrooms (V)*

\* OMELETTE JAFFLE TOASTED SANDWICH - served with tomato and;

*OPTION 1: Bacon, chicken satay, chicken & sausage*

*OPTION 2: Tempe, onions & mushrooms (V)*



# Set Breakfast

## INDONESIAN

COFFEE or TEA: Bali Coffee or Nescafe - black, jasmine, green or peppermint tea

FRESH FRUIT JUICE; Orange, pineapple, papaya, watermelon, banana, or a mixture

FRESH TROPICAL SEASONAL FRUIT

HOMEMADE BANANA CAKE

*Please choose one of the following dishes:*

\* BAKMIE GORENG - Fried noodles with sliced omelet - served with a side of;

*OPTION 1: chicken satay      OPTION 2: tempe (soya) (V)*

\* NASI GORENG - Fried rice with fried egg on top - served with a side of;

*OPTION 1: chicken satay      OPTION 2: tempe (soya) (V)*

\* VEGAN GORENG - Fried rice, cashew nuts, tempe, seasonal vegetables, onion & garlic - served with tomato & cucumber (Ve)

\* YELLOW RICE - Steamed with turmeric - served with shredded chicken, tempe, omelet, crackers, coconut sour & sambal

\* CHICKEN RICE PORRIDGE - rice porridge with chicken and carrot - served with crackers, leeks & shallots

