

Tides Restaurant & Bar

Breakfast Menu

Three course breakfast included in your reservation



Choose from Continental, American or Indonesian breakfast

Each breakfast includes fresh seasonal fruit,
freshly squeezed juice, coffee and tea



Set Breakfast Menu

CONTINENTAL BREAKFAST

COFFEE or TEA: Bali Coffee or Nescafe - black, jasmine, green or peppermint tea

FRESH FRUIT JUICE; Orange, pineapple, papaya, watermelon, banana, or a mixture

FRESH TROPICAL SEASONAL FRUIT

CEREAL - Choose from: muesli, cornflakes or chocolate cereal
- served with fresh milk (V)

PANCAKE - Choose from: plain, banana or pineapple (V)

Please choose one of the following dishes:

- * **HOMEMADE BREAD** - A mixed plate of coconut bread, brown bread, banana cake & a croissant - served with jams & butter (V)
- * **JAFFLE TOASTED SANDWICH** - with peanut butter, coconut & sliced banana (V / Ve)

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AMERICAN BREAKFAST

COFFEE or TEA: Bali Coffee or Nescafe - black, jasmine, green or peppermint tea

FRESH FRUIT JUICE; Orange, pineapple, papaya, watermelon, banana, or a mixture

FRESH TROPICAL SEASONAL FRUIT

PANCAKE - Choose from: plain, banana or pineapple (V)

Please choose one of the following dishes:

* **EGGS** - Fried, scrambled, boiled or poached or omelette - served with tomato, bread and;

OPTION 1: Bacon, chicken satay & chicken sausage

OPTION 2: Tempe, onions & mushrooms (V)

* **OMELETTE JAFFLE TOASTED SANDWICH** - served with tomato and;

OPTION 1: Bacon, chicken satay, chicken & sausage

OPTION 2: Tempe, onion & mushrooms (V)

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INDONESIAN BREAKFAST

COFFEE or TEA: Bali Coffee or Nescafe - black, jasmine, green or peppermint tea

FRESH FRUIT JUICE; Orange, pineapple, papaya, watermelon, banana, or a mixture

FRESH TROPICAL SEASONAL FRUIT

HOMEMADE BANANA CAKE

Please choose one of the following dishes:

- * **BAKMIE GORENG** - Fried noodles with sliced omelet - served with a side of;
OPTION 1: chicken satay OPTION 2: tempe (soya) (V)
- * **NASI GORENG** - Fried rice with fried egg on top - served with a side of;
OPTION 1: chicken satay OPTION 2: tempe (soya) (V)
- * **VEGAN GORENG** - Fried rice, cashew nuts, tempe, seasonal vegetables,
onion & garlic - served with tomato & cucumber (Ve)
- * **YELLOW RICE** - Steamed with turmeric - served with shredded chicken,
tempe, omelet, crackers, coconut saur & sambal
- * **CHICKEN RICE PORRIDGE** - rice porridge with chicken and carrot
- served with crackers, leeks & shallots

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